**NOVEMBER 2008 TOPICS**

- Text Version
- Printer Friendly Version
- Ask a Librarian Service
- Keeping Safe
- KU Services Referral Guide
- On Campus Living
- Planning for Finals
- Proof of Enrollment for Insurance Reasons
- Quit Smoking Program
- Shuttles to Kansas City Airport
- Successful Students
- Tips for Staying Healthy: Flu Shots

* KU Parent Association
KU Parent Assistance Line (785) 864-5872

Please address your questions or comments to parents@ku.edu. Please do not use the “Reply” key to send e-mail messages.

**SELECTED DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 26-30</td>
<td>Thanksgiving Break (No classes, University offices closed November 27-30)</td>
</tr>
<tr>
<td>December 12</td>
<td>Stop Day</td>
</tr>
<tr>
<td>December 15-19</td>
<td>Final Examinations</td>
</tr>
<tr>
<td>January 15, 2009</td>
<td>First day of Spring Semester</td>
</tr>
<tr>
<td>January 19, 2009</td>
<td>Martin Luther King Day (No classes, University offices closed)</td>
</tr>
<tr>
<td>March 16-22, 2009</td>
<td>Spring Break (No classes, University offices open)</td>
</tr>
<tr>
<td>May 8, 2009</td>
<td>Stop Day</td>
</tr>
<tr>
<td>May 17, 2009</td>
<td>Commencement 2009</td>
</tr>
<tr>
<td>June 9, 2009</td>
<td>First day of Summer Session 2009</td>
</tr>
<tr>
<td>July 31, 2009</td>
<td>Last day of Summer Session 2009</td>
</tr>
<tr>
<td>August 20, 2009</td>
<td>First day of Fall 2009</td>
</tr>
<tr>
<td>May 16, 2010</td>
<td>Commencement 2010</td>
</tr>
</tbody>
</table>

**PLANNING FOR FINALS**

The Academic Achievement and Access Center will offer an hour workshop on “How to Study for Finals” on Wednesday, December 3rd from 4 – 5 p.m. in room 4007 Wescoe. To learn more, contact the AAAC office at 864-4064 or check their website www.achievement.ku.edu/workshops/.

You can also find tips for dealing with finals stress at www.studenthealth.ku.edu/documents/Stress%2020Tip%20Handout.pdf.

**SHUTTLES TO KANSAS CITY AIRPORT**

KU does not provide shuttle service to the Kansas City airport. There are several commercial companies that do provide this service.

KU Info has the most current information at www.kuinfo.ku.edu/~kuinfo/cgi-bin/info.shtml?p=q&id=4329.
KEEPING SAFE
Keeping campus safe is a high priority at KU. The University has updated the crisis communication website where you will find information regarding the current alert status of KU’s Lawrence campus, as well as KU’s policies and plans regarding emergency preparedness. You can check it out at www.alert.ku.edu.

Text messaging is available to communicate special alerts. If your student has not signed up for text messaging alerts, please ask him or her to go to Enroll and Pay (https://sa.ku.edu/) to add their cell phone number for text message alerts. Students may also use the link on the www.alert.ku.edu page.

SUCCESSFUL STUDENTS
When academically successful students at KU were interviewed about what they do that makes them successful besides working hard, using the Ambler Student Recreation and Fitness Center was high on their lists. There seems to be a connection between being physically active and being academically successful.

To learn more about the many services and programs of Recreation Services, visit: www.recreation.ku.edu/.

TIPS FOR STAYING HEALTHY: FLU SHOTS
The single best way to prevent the flu is to get the flu vaccine each year. All KU students, faculty, and staff are encouraged to receive an influenza vaccination. Flu Shots are available on campus through Student Health Services for only $15. The Flu Shot Clinic dates, times, and location can be found here: www.studenthealth.ku.edu/information/Flu%20Clinic%202008.pdf.

If you have any questions, call the staff at KU Student Health Services 785- 864-9570.

ASK A LIBRARIAN
The KU Libraries offer a full service “Ask a Librarian” program. Students may ask any research or library related question and receive help. Questions can be asked in person, by email, via Instant Message and even by text message.

For more information about this helpful service visit: www.lib.ku.edu/askalibrarian/.

QUIT SMOKING
KU’s Student Health Services offers the KanUquit program. This is a six week program free to students and includes individual coaching and resource materials. The US Surgeon General has stated, “Smoking cessation (stopping smoking) represents the single most important step that smokers can take to enhance the length and quality of their lives.”

To learn more, contact Ken Sarber at Student Health Services, 785-864-9573.
ON-CAMPUS LIVING
At the end of the fall semester is your student ... Graduating? Participating in a Study Abroad program? Leaving KU?

Please refer your student to the Department of Student Housing office as soon as possible to complete the necessary paperwork to cancel his/her contract for the Spring semester. Information regarding the cancellation process and fee schedule may be found on your student’s copy of the contract or by contacting us at housing@ku.edu or 785-864-4560. Students living on campus may request a room or building change for the spring semester by talking with their hall staff and completing an Occupancy Change Request by November 21, 2008. Students interested in moving to the scholarship halls will need to be sure they have submitted all required materials so their application may be considered.

PROOF OF ENROLLMENT
Often a student will need proof of enrollment for insurance reasons. The University calls this a certificate of enrollment. This documentation is provided by the Student Records Center of the University Registrar’s Office in Room 151 Strong Hall. Students may request this certification in person or online.

For more information, visit: www.registrar.ku.edu/current/enrollmentcert.shtml.

REFERRAL GUIDE
KU offers many services for students. A handy referral guide is available online to provide easy access to the resources available on the Lawrence campus.

You will find the guide at: www.vpss.ku.edu/referralguide.pdf.