# SEPTEMBER TOPICS

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- Mental Health and Suicide Prevention
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* KU Parent Association

KU Parent Assistance Line (785) 864-5872

Please address your questions or comments to parents@ku.edu. Please do not use the "Reply" key to send e-mail messages.

* Remove from this List  Subscribe to this List

# IMPORTANT KU PHONE NUMBERS

- Vice Provost for Student Success (785) 864-4060
- CLAS Academic Services (785) 864-3500
- Counseling & Psy. Services (785) 864-2277
- Department of Student Housing (785) 864-4560
- Office of Student Financial Aid (785) 864-4700
- Office of University Registrar (785) 864-4422
- Student Health Services (785) 864-9500

# IMPORTANT KU DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>September 25</td>
<td>Family/Band Day</td>
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<tr>
<td>October 14-17</td>
<td>Fall Break (No classes, University offices open)</td>
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<tr>
<td>October 23</td>
<td>Homecoming</td>
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<tr>
<td>November 24-28</td>
<td>Thanksgiving Break (No classes, University offices open on 24th)</td>
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<tr>
<td>December 10</td>
<td>Stop Day (No classes, University offices open)</td>
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<tr>
<td>December 13-17</td>
<td>Final Examinations</td>
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<td>January 21, 2011</td>
<td>First day of Spring 2011 classes</td>
</tr>
<tr>
<td>March 21-27</td>
<td>Spring Break (No classes, University offices open)</td>
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<tr>
<td>May 13</td>
<td>Stop Day (No classes, University offices open)</td>
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<tr>
<td>May 16-20</td>
<td>Final Examinations</td>
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<td>May 22</td>
<td>Commencement 2011</td>
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<td>June 7</td>
<td>First day of Summer Term</td>
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<td>July 29</td>
<td>Last day of Summer Term</td>
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<td>August 22</td>
<td>First day of Fall Class</td>
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# MENTAL HEALTH AND SUICIDE PREVENTION

Depression is a serious issue for many college students. Nearly half of all college students say they have felt so depressed that they found it difficult to function during the last school year. One in ten of college students have a friend who has considered suicide. ULifeline is a comprehensive online resource center for information about mental health and suicide prevention. Visit: www.ulifeline.org. Half of Us, a website for college students provided by ULifeline, is an excellent resource for students. Visit: www.halfofus.com.

Additionally, KU offers a full service Counseling Center for KU students. Visit: www.caps.ku.edu.
KU STUDENT HOUSING
Your student gets “Food for Thought”
The Department of Student Housing and KU Dining Services actively work with academic departments for the education of KU students. **Food for Thought: A dinner conversation among students, faculty and staff** programs are scheduled for September. For scholarship halls, the event is called the Majors Dinner.

KU faculty members meet informally with students at the residential dining centers. The residence hall events will be 5:30-6:30 p.m., Tuesday, September 21 at GSP and Oliver Dining Centers, and 5:30-6:30 p.m. Wednesday, September 22 at Mrs. E’s. The scholarship halls “Majors Dinners” will be 6:00-7:00 p.m., Thursday, September 9.

FERPA release to view tuition and fee statements
Spring tuition and fee statements will be printed in October. If you want a copy sent to your e-mail, here are the details for the student account information release, as printed in the student housing contract:

The financial and non-directory information on every student’s account is confidential and protected by the Family Educational Rights and Privacy Act (FERPA), Statute 30 U.S.C. 1232(g), regulations 34 CFR Part 99. The Department of Student Housing and KU Dining Services cannot release information contained in educational records, including information on records pertaining to a student’s housing account, except in accordance with FERPA or with specific written authorization from the student. To allow other persons access to your data, visit: [http://www.registrar.ku.edu/pdf/nondirectoryrelease.pdf](http://www.registrar.ku.edu/pdf/nondirectoryrelease.pdf). A release authorization will remain in effect until a written request to cancel all or part of the previous authorization is submitted. Contact the KU Bursar’s Office at bursar@ku.edu with questions.

ETIQUETTE DINNER
The Etiquette Dinner is scheduled for October 5th at the Kansas Union. This unique learning experience provides an excellent opportunity to navigate successfully through one of the most difficult social encounters in the real world: Fine Dining with Strangers!

KU students of all academic levels are encouraged to participate in this fun event. There is a non-refundable commitment cost of $15 per student to attend the event.

Reservations for the event can be purchased at the University Career Center, Room 110 Burge Union or online at KUCareerHawk.com/fall2010EtD. Personal checks, cash, and major credit cards are accepted forms of payment. Students are encouraged to make their reservation as soon as possible since there is limited seating.

FAMILY, BAND DAY AND HOMECOMING
Family Day and Band Day is September 25th. There are open houses, activities on campus, and the famous Band Day parade through downtown Lawrence. The football game is at 6:00 p.m. against New Mexico State University in Memorial Stadium. For complete information visit: [www.familyweekend.ku.edu](http://www.familyweekend.ku.edu). For discounted tickets to the football game click here and enter FW2010 as the promotional code.

Homecoming Week begins on October 18th with a week of campus events. On October 23rd, KU faces off against Big 12 opponent Texas A&M at Memorial Stadium. The Jayhawk Jog concludes the festivities on October 24th. Information about Homecoming can be found at [www.homecoming.ku.edu/](http://www.homecoming.ku.edu/).

KU EMAIL
By now your son or daughter should have received email of some sort from KU. Email is considered an official form of communication from the University. If your student has not received email from KU, he or she really needs to check their account on the KU Portal. More information is available at: [http://technology.ku.edu/accounts/index.shtml](http://technology.ku.edu/accounts/index.shtml).
KU STUDENT HEALTH SERVICES ONLINE
KU offers comprehensive student health services. Students now have greater flexibility for communicating with the professionals at Student Health Services by using the "Health-e-Tools." Student may log into their Kyou Portal account, click on "Services" and select "Student Health."

From this site students can review their account balance, receive and respond to secure messages from their SHS medical provider, view or cancel upcoming appointments plus print their immunization records. For more information, visit http://www.studenthealth.ku.edu/header/health-e-tools.shtml.

OFFICE OF PUBLIC SAFETY HAS NEW CRIME MAP TOOL
The Office of Public Safety website has a new tool to inform the public about criminal activity on campus. On the department's website is a link to a crime mapping site that uses Google mapping and special software to pinpoint where crime occurs on campus. It is another tool we can use to educate the community about what is happening on campus.

Visit the Office of Public Safety’s website for more information about campus safety and the link to the new Daily Crime Log: http://www2.ku.edu/~kucops/.

QUESTIONS YOU MAY WANT TO ASK
Retention research shows that the first six weeks of a college student’s experience can be a powerful predictor of persistence. Our colleagues at Xavier University have a set of questions that parents can ask their student to help ascertain how their student is adjusting to college. These questions are not limited to freshman; rather, all students should be able to answer these simple questions. A sampling of Xavier’s questions with the KU answers include:

- Do you know a faculty, staff, or administrative person that you could go to in a time of need? (Answer: Most likely a favorite teacher, academic advisor, Orientation Assistant, or club advisor.)

- Do you know your academic advisor's name and the location of his/her office? (Answer: New to KU and undeclared major students (including pre-professional and undecided) are advised in the University Advising Center and they will find the name of their advisor in their Academic Notices on the KYou portal. Students who are directly admitted into one of the professional schools, will find their advisors through the School’s Dean’s Office. Students who have a declared major in the College of Liberal Arts & Sciences should contact the department’s advising specialist or undergraduate coordinator for advising information.)

- Do you know the location on campus of the writing center, the foreign languages resource center, mathematics help room? Answer:
  - The Writing Center serves students in Anschutz Library Learning Studio (4th floor), Watson Library, the Sabatini Multicultural Resource Center, and four residence halls. The Writing Center is also available online.
  - The foreign language resource center is located in 4070 Wescoe Hall. It is actually called the Ermal Garinger Academic Resource Center.
  - The math lab’s location depends on the level of math in which your student is enrolled. Math 002 and 101 students can find the Math Help Room in 323 Strong Hall. Math 105 and 365 Help Room is 151 Snow Hall. Math 115 Help Room is 308 Snow Hall. Math 121 and 122 Help Room is 564 Snow Hall.

TUTORING SERVICES AT KU
Early in the semester students may realize that they need additional assistance in learning course material. Tutoring Services, a course-specific tutoring operation, is available for students. The fee is reasonable (fee waivers are also available for students who qualify) and tutors are students who have gone through an extensive interview process. Requests can be made simply by going to the Tutoring Services website at www.tutoring.ku.edu.

Other tutoring options here at KU may include help rooms through the department and departmental tutoring. For more information on tutoring opportunities, students may access www.tutoring.ku.edu. It is important that students are aware of all of their options when it comes to seeking additional assistance and that they sign up for tutoring early in the semester.
ACADEMIC NOTICES

Academic advisors use the Academic Notices area of the Kyou portal to communicate important academic information with students. Advisors are able to see when a student received a notice and tell whether or not the student opened the notice. To learn how a student can check the academic notices, visit: www.ku.edu/~clasus/CheckingAcademicNotices.shtml.

HELPFUL LINKS

- KU Parent Association: www.parentassociation.ku.edu
- KU Information Center: www.kuinfo.ku.edu
- KU Alumni Association: www.kualumni.org
- KU Endowment Association: www.kuendowment.org
- KU on Facebook: www.ku.edu/facebook
- KU News: KU news releases are available online at www.news.ku.edu

Address your questions or comments to parents@ku.edu. Please do not use the "Reply" key to send e-mail messages.